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# How To Extreme Coupon Without Extreme Stress





## **Synopsis**

This tell-all audiobook explains exactly how to get the coupons and find the sales you need to get loads of free groceries. Save money with extreme couponing but leave out the extreme stress. From where to find your coupons through how to store them all the way to picking out the best check-out lane, this audiobook will teach you the steps of extreme couponing. This audiobook will save you money but be warned... Exteme Couponing is addictive!

#### **Book Information**

**Audible Audio Edition** 

Listening Length: 1 hour and 14 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: MyParentingCoach.com

Audible.com Release Date: March 20, 2013

Whispersync for Voice: Ready

Language: English

ASIN: BOOBXROMIY

Best Sellers Rank: #85 in Books > Audible Audiobooks > Nonfiction > Lifestyle & Home > Crafts

& Hobbies #6697 in Books > Audible Audiobooks > Business & Investing #7471 inÄ Books >

Business & Money > Finance

### **Customer Reviews**

I've been using coupons for most of my adult life. Like many people, I started really using them a couple years ago. It became extreme and yes even addictive. I purchased items we hadn't used, some good, some flops. I purchased at great discounting, got free items and even "made" money by matching sales and coupons. I wasn't in the extreme area of purchasing so much I had "to invent" storage solutions. My husband's work is seasonal, so I did stock up for the winter lay off. I started off with a binder and clipped every coupon. I purchased up to 4 papers a week and a 6 month subscription to All You. I spent countless hours clipping, sorting, organizing coupons and surfing the web and paper ads. Sometimes I would go to 4 stores a week. I was able to use and donate most all items I purchased. I averaged a 50-80 percent savings each trip. And then decided I was not saving as much as I thought after I added up the fuel, paper and subscription cost along with my time it costs. I simplified. Now I purchase 2 papers, only if it's going to save me more than it costs. You can preview the Sunday papers coupons to see if you will use the coupons they offer

that Sunday. I only cut out the coupons we regularly use. I put these in a legal size letter holder. It's vinyl and has 12 tabs. I 1st make a list of necessity and check sale ads and websites for sales and coupons. If it's a great sale and I have coupons I stock up. If not I wait. It took me a year to learn this balance. Now I save money and time! Great stockpiling as seen on tv's Extreme Couponing in my opinion is hoarding and reality tv. I don't think we need to do that. We should buy what we need to carry us through the next sale or if you know there will be a layoff, surgery, etc.

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